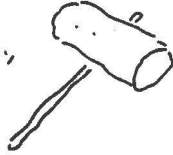


EXERCISE 3: When I was a pearl-crusher

List below a few situations, from both your personal and professional life, when you have acted like a pearl-crusher. *Examples:* When my son spilt chocolate milk on our new rug; when some odious person ruined the aerial on my car; when my colleague, who is not especially bright, got promoted; when the price of oil went up.



Times when I was a pearl-crusher:

In the future, try to be aware of situations which bring out the pearl-crusher in you. Is there a special pattern to your behaviour? Ask yourself: How often am I a pearl-crusher? What do I get out of being a pearl-crusher? How could I have become a pearl-fisher instead in the same situation?